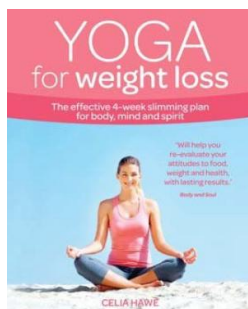


## Yoga for Weight Loss: The Effective 4-week Slimming Plan for Body, Mind and Spirit (Weight Loss Series)



### Book Review

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