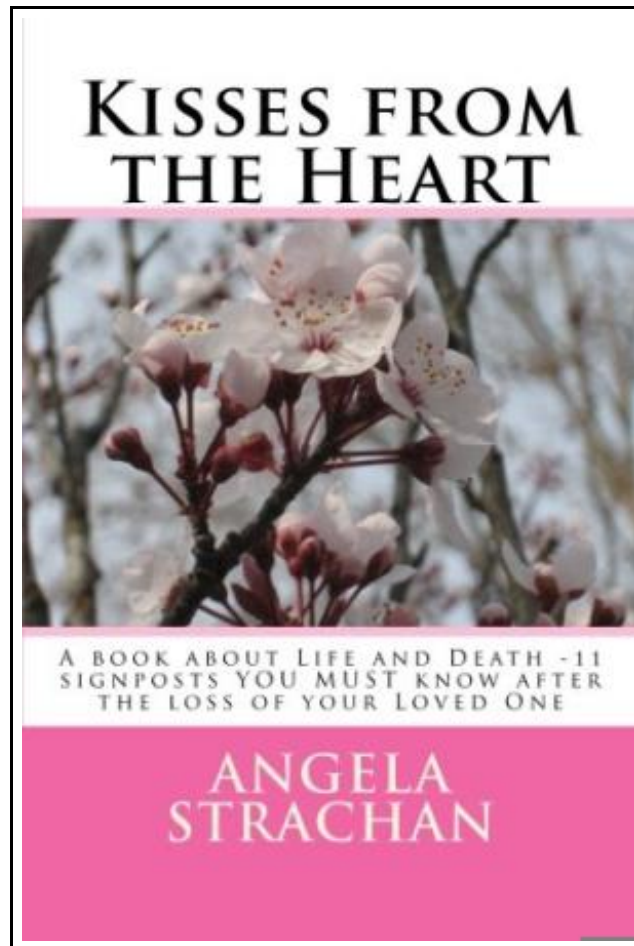


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Reviews

*This book is great. I have go through and so i am confident that i will going to read through once again again in the future. I am just easily can get a satisfaction of looking at a written book.
(Miss Vernie Schimmel)*

KISSES FROM THE HEART: A BOOK ABOUT LIFE AND DEATH -11 SIGNPOSTS YOU MUST KNOW AFTER THE LOSS OF YOUR LOVED ONE (PAPERBACK)



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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Little things count a lot, but we all like to believe that we have a good sense of perspective, so we generally pretend that those little things dont matter. But it is all those little things that add up. When the little things are not addressed it can turn any circumstance into an enduring, overwhelming heart breaking occasion especially regarding the passing of a loved one. When my mother passed there was so much that needed to be done, so much that needed to be understood, accepted and addressed yet I didnt have the slightest idea where to start. Almost under fire I collected a series of sign posts that guided me from one point to the next and allowed me to keep my sanity and remain peaceful and calm within an environment of despair, sadness and often emptiness. It allowed me to resume my journey and embrace the new normal with hope, courage and happiness. And that is why I called this book, Kisses from the heart because each step, each signpost is exactly that - an acknowledgement to them and to me. For the first time here is a book that can guide you along the path using the necessary sign posts to clear your mind and free it from the unnecessary burden that many carry post death. This book includes: What to do when someone dies, what to arrange outside of funeral and remembrance, how to arrange your condolences, prepare a eulogy, how to accept and understand death, how to cope, what measures you can take to help you grieve more effectively, what steps you can do to move forwards and much, much more. Read...



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