



How to Grow Perennial Vegetables: Low-maintenance, Low-impact Vegetable Gardening

By Crawford, Martin

UIT Cambridge Ltd., 2012. Book Condition: New. Brand New,

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Summary: Library Journal, Starred Review- Gardeners looking to expand their edible plantings beyond the usual tomatoes and peppers will find a bounty of possibilities in these pages.

Crawford's (dir., Agroforestry Research Trust; Creating a Forest Garden) first two chapters introduce the types of perennial vegetables (trees, shrubs, tubers, etc.) and provide general information on why and how to grow them. The remainder of the book is an alphabetical list, by common name (and cross referenced), of more than 100 plants, ranging from familiar favorites to many that will be new to even the most adventurous gardeners and eaters. Each plant profile includes botanical and common names, a brief description of the plant, its hardiness zones, cultivation instructions, and culinary uses. A list of seed and plant suppliers in Europe, Canada, and the United States is also included. Throughout, Crawford emphasizes sustainable, organic gardening practices, and he includes many plants that can be grown in the shade. Culinary and cultivation information is useful but brief, assuming basic horticultural and cooking knowledge. With an index by botanical name. VERDICT: This inspiring book is highly recommended for...



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