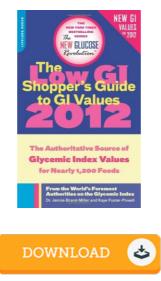
# The Low GI Shoppers Guide to GI Values 2012: The Authoritative Source of Glycemic Index Values for Nearly 1,200 Foods



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